

## SERVICES

The Michigan Visiting Nurses Mental Health Program can help you or a loved one live in a safe and supportive environment. Our in-home services include:

- Home environment and patient safety evaluations
- Re-integration of a psychiatric patient discharged into the home environment
- Coordination of care with the psychiatrist, primary care physician, patient, and family
- Assessment and monitoring of psychiatric symptoms and current stressors
- Assessment of response to treatment
- Medication assessment and education
- Supportive counseling to the patient's caregivers and family
- Education of disease processes, symptom management, and relapse prevention



University of Michigan Visiting Nurses serves patients living in Jackson, Lenawee, Livingston, Monroe, Oakland, Washtenaw and Wayne Counties, as well as patients living in bordering communities. Satellite offices are located in Bloomfield Hills, Brighton, Dearborn, Jackson and Plymouth.

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# Mental Health Program

MICHIGAN VISITING NURSES



UNIVERSITY OF MICHIGAN HEALTH SYSTEM



### **OUR PROFESSIONALS COME TO YOUR HOME**

Many psychiatric disorders can be addressed by trained professionals in the comfort of your home. The Mental Health Program, through Michigan Visiting Nurses, can provide expert care in partnership with your doctor and other health care providers.

The Mental Health Program works with the many services offered by Michigan Visiting Nurses.

Our highly skilled psychiatric nurses have the specialized training to provide the best mental health patient care possible in your home. Every care giver has more than five years of psychiatric nursing experience, and understands and respects your personal home environment.

### **YOUR CALL IS OUR TOP PRIORITY**

The psychiatric nurses in the Mental Health Program will work with your specialists or other health care provider to make the right decisions about your care. Some common diagnoses include:

- Mood disorders
- Anxiety disorders
- Schizophrenia and other psychotic disorders
- Dementia
- Adjustment disorders
- Depression
- Bipolar disorder

### **BENEFIT FROM A CARING ATTITUDE**

People who may benefit from Psychiatric Mental Health Services at home are those who:

- Have had frequent inpatient psychiatric hospitalizations or Emergency visits
- Have trouble keeping appointments, following treatments, or taking medications appropriately
- Have questions about safety in your home
- Have been newly diagnosed or require major changes to your medication plan



- Are unable to leave home easily
- May have stressed or confused families
- Have persistent emotional and behavioral responses related to a medical illness

**For More Information About Michigan Visiting Nurses,  
Visit Our Website at [www.umvn.org](http://www.umvn.org) or call 800-842-5504**